

Tips for Leading a RI Example: Reminders about the Example Portion of the Meeting

1. We learn to report, not complain, and to describe, not interpret. We don't try to convince. We don't dramatize.
2. During the example, the group doesn't speak. During the comments, the example giver doesn't speak.
3. The comments from the group are to be directed to the group (not to the person who gave the example).
4. We do not bring our own experience into someone else's example. We comment on **their** inner environment. (The sharing of similar experiences can be done informally at the end of the meeting.)
5. The examples are to be about trivialities of everyday life.
6. The giving of the example takes approximately five minutes, and the comments from the group take ten minutes. (Therefore, details and descriptions are kept to a minimum.)
7. We do not give examples concerning anyone else in the group.
8. Whatever is said in this group stays in this group and is not to be discussed outside.

Before and during each **EXAMPLE:**

(The Group Leader is responsible for the overall structure of the meeting)

- The **Group Leader** selects someone to read the four steps of the example. They only read the steps not lead the steps.
- The **Group Leader** selects someone to lead the example if they do not lead the example themselves.
- The **Example Leader** listens to the example to hear when each step ends and asks for the next step to be read.
- The **Example Leader** makes sure each step of the example is covered.
- The **Example Leader** helps the example giver stay on the subject of each step.
- The **Example Leader** makes sure that there is no cross talk during the example

During the **COMMENT PERIOD** the **leader of the example:**

- The **Example Leader** lets people know when they can spot.
- The **Example Leader** reminds members to occasionally bring each "tool" back to the example.
- The **Example Leader** makes sure the example giver does not talk during the comments
- The **Example Leader** maintains order in the group-no cross talking or side conversations.