

2018 Annual Report

If it weren't for Recovery, my children would not have had a secure and happy childhood. **I am not alone.** **I am less volatile and fragile.** wisdom difference in my marriage improved my food-related behavior. instrumental in...maintaining a life well worth living. **empowering** I returned to work. increased my coping skills allowed me to live independently, hold down a full-time job, and have meaningful social life. It has helped me to like myself. hope **I haven't had a significant relapse in twenty years!!!**

From the President & CEO

In looking back at 2018 and looking forward to 2019, we see that 2018 was a time of assessment and preparation. The coming year will be one of change.

In 2018 we conducted a survey to get a sense of what impressions people had of the current state of affairs. The results showed gratitude for the role Recovery International has had in their own lives, but concern about its future. Trends of declining meeting attendance, outdated materials, and an aging population of leaders are evident throughout the US and abroad.

The truth of the matter is, we cannot continue the way we have in the past—drastic changes are needed in order for RI to survive long enough to evolve and serve the next generation. Many people have offered good suggestions about marketing, re-vamping materials and creating ways to introduce RI to younger people.

We are working on these ideas and developing new strategies, but it takes time and funding. We are seeking new grants and gifts to make new initiatives possible. But—imagine new books and e-books, or an app with spots and tools! Imagine the Power to Change program for young people available to schools and youth groups across the country. Imagine more webinars and online meetings.

Another key component to success in today's society is partnerships. RI needs to be more visible among other mental health organizations; we need to collaborate on programs and activities in order to reach new audiences. These are some of the possibilities—new ways we can help people achieve better mental health.

Endorse.



Joanne Lampey, President
Board of Directors



Sandra K. Wilcox
Chief Executive Officer

life-changing I found a renewed inner strength. **making my mental health a priority.** I am still alive 42 years after my first meeting. **peace** restored a lot of joy to my life! **transformed my life... I see the effects on loved ones... they don't have to worry about me anymore like they did.** **My family trusts me today.** helped me to understand my condition and manage it. **turning point** tools to put events or situations into perspective. **It saved my life.** I am becoming more self-forgiving.

2018 Financial Year in Review

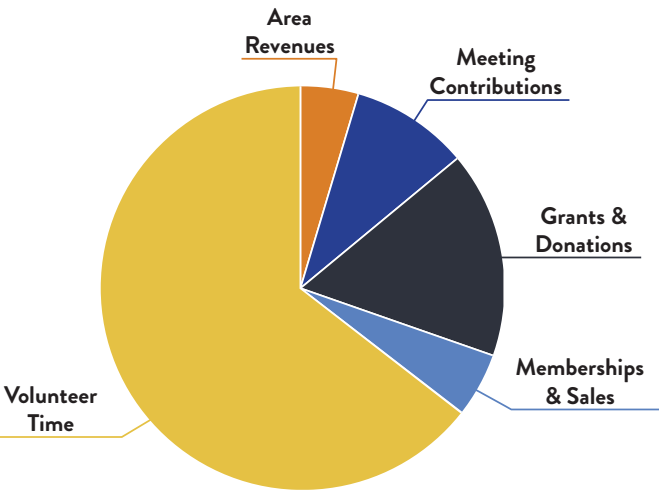
Below are the financial reports for the year. We continue to operate on a very tight budget, with a dedicated, hard-working staff and hundreds of volunteers. What a one-year snapshot doesn't show, however, is the declining trend of meeting contributions—once the largest and steadiest source of revenues for Recovery International. The board is monitoring this, and we are seeking new ways to diversify our financial base through increased fundraising, grantwriting and sales revenues.

Hal Casey, Treasurer

Balance Sheet (Pre-audit numbers)

Current Liabilities	\$38,856	Current Assets	\$722,238
Equity	\$744,917	Fixed Assets	\$14,260
Total Liabilities & Equity	\$783,773	Other (Area Accounts)	\$47,275
		Total Assets	\$783,773

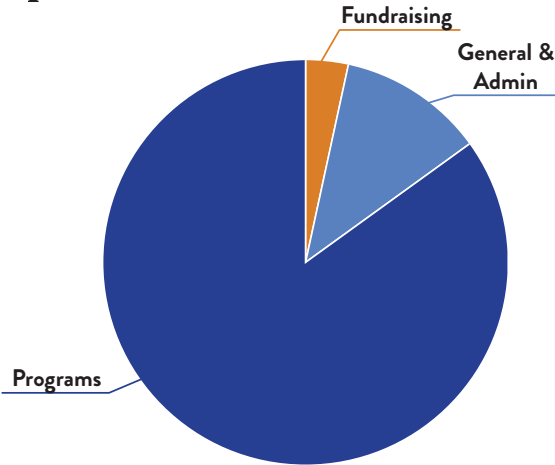
Revenues



Area Revenues*	\$88,680
Meeting Contributions	\$179,582
Grants & Donations	\$316,466
Memberships & Sales	\$99,370
Volunteer Time	\$1,243,228
Total	\$1,927,326

*One-time transfer of funds

Expenses



Programs	\$1,631,049
General & Admin	\$224,136
Fundraising	\$65,187
Total	\$1,920,372
Net	\$6,954

Thank You to our Donors!

Members and donors are critical to our success. We rely on contributions, memberships, gifts and grants to operate. This support ensures that no one is turned away due to inability to pay. We especially wish to acknowledge our major donors of \$500 and above:

Platinum Patrons

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C. Guyon
Estate of Saul Haber
Estate of Irene Scheffler
Peter Sommers

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Frederic Weller

Organizational Donors & Partners

Anonymous Foundation
California Mental Health Systems Authority
Community Research Foundation
B.P. Lester and Regina John Foundation
Life Generations Healthcare
Mental Health Systems

2018 Recovery International Conference

The highlight of 2018 was the conference held near Chicago in October. More than 85 participants from 13 states and Ireland, Canada and Puerto Rico attended. We offered workshops, presentations and activities designed to inspire and inform. Best of all was the opportunity to interact and share experiences with others.



NAMI Denton County
 Rescigno's Marketing Connections
 Bruce & Treasure Sachnoff Charitable
 Family Foundation
 SHARE!
 Chicago Transom Partners

Tribute Gifts

It is always heartwarming to receive gifts in honor of in memory of people who have touched the lives of others. In 2018 we received gifts for the following:

In Honor of...

Monica Bruns
 Patricia Cornfield
 Celinda Jungheim
 Kim Klaus
 Stuart Madsen
 Mickey McCreery
 Dianne Mitchelson
 Kathy Nies
 Tina Nies
 Joan Nobiling
 John Pendergrass
 Allan Reid
 Sara Grant Reid

Chuck and Debbie Russo
 Dorotha Sharp
 Dolores Vorndran

In Memory of...

Richard Bakke
 Bill Bankenstein
 Joyce Beresch
 Sheila Bieda
 Dorcas Boyce
 Michael G. Brock
 Larry Burtz
 Janet Tom Collins
 Bob Dey
 Charlie Dulaney
 Thomas Fidler
 Judy Gawron
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 Ralph Jungheim
 Tommy Kaider
 Dorothy Kerchner
 Mary Louise Klein
 Lila Laby
 Robin Lauck
 Erma Liberty
 Steven Liskowski
 Dr. Abraham A. Low

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 Nancy Pillar
 Harry Reynolds
 Betty Robinson
 Mary Slusarz
 Diana Smith
 Eve Sommerich
 Daniel Stein
 Tyler Turner
 Mary Weber
 Alan Winds' Mother
 Robert Winike
 Isabel Winsberg
 Scott Winter
 Beverly Zweig

Our list may be incomplete. We sometimes receive gifts with no name or partial designation. Please accept our apologies if we have inadvertently omitted a name and contact us so that we may correct our records.

2018 Year in Review

How many lives did we touch in 2018? How many people did we help? The answer is...attendance at meetings totaled 82,657 last year! This includes meetings in 36 states, plus Washington DC, Puerto Rico, Canada, Ireland, Israel and India—that we know of!

Our mission is to help people live more peaceful and productive lives, using the tools developed by Dr. Abraham Low. More than 480 Area Leaders, Group Leaders and Assistant Leaders make this possible by volunteering their time to run meetings, distribute literature and promote RI at information fairs.

