

# 2019 Annual Report

## Challenges and Changes: Recovery International – 2019 Annual Report

Dear Friends,

Last year—before the COVID-19 pandemic—we worked to build awareness of our programs and reach new people. We began online leader training, introduced our books on Amazon, and updated our website and database—all that seems so long ago! In response to the global health emergency, we helped leaders implement online and telephone meetings for their groups. As stress levels grew, we opened new remote meetings to serve anyone isolated and in symptoms. We introduced Daily Spots to share our tools with anyone who wanted a calming message. We saw a substantial increase in postings on our Facebook Meeting page and our remote meeting attendance doubled and tripled. As we move forward, we aim to increase Recovery International’s visibility among other mental health organizations and professionals, and we seek to collaborate with new partners. We are also developing new workbooks to help teach and train newcomers in the Recovery Method.

None of this would be possible without our members and donors. And our programs could not happen without the dedication of hundreds of area and group leaders—our peer volunteers who mentor others, providing help and hope to thousands of people each year. You are the backbone of Recovery International and we are proud to work with you in eliminating mental health stigma and offering tools to help people manage their symptoms.

With deep appreciation,



Joanne Lampey, President  
Board of Directors



Sandra K. Wilcoxon  
Chief Executive Officer

## Society of Dear Ones

The Society of Dear Ones recognizes people who have provided for the future of Recovery International by including RI in their wills or estate plans. Recovery is here today because of bequests made in the 1960s, 70s and 80s. Plan your estate gift now, to help Recovery continue to serve future generations. We are deeply grateful to the following people for letting us know of their intentions:

Marcia Ashby	Alice Clawson	Benjamin Hansen	Dale Marxen	Harry Rubin
Mariam Ballatine	Jeanne Clawson	Robert Hart	William McGinn	Joyce Smith
Elaine Barber	Gary Collier	Robert Holcomb	Meta Moder	John Soderstrom
David Becker	Darlene Day	Denise Holmes	Floretta Morris	Hector Solivan
Stella Benkel	Nancy Downes	Susan Holt	Sherwin Newman	Marie Svokos
Robert Bessen	Ann Dunbar	Peter Jardine	Phyllis Orr	Richard Sweeney
Phyllis Berning	John Durkin	Celinda Jungheim	Diane Peskin	Nellie Taylor
Sue Beyerlein	Mary Ann Fastook	Steven Kunze	Randall Petersen	Mike Timmons
Cliff Brown	Phyllis Greenberg	Everett LeCompte	Sheila Rabel	Mollie Torgenson
Thomas Burt	Robert Gros	Gloria Lippmann	Jane Razza	Linda Weintraub
Donna Cable	Donna Gunnison	Mike Loeffelholz	Linda Reese	Anne Welsh
Edith Campbell	Mary Haicken	Marilyn Low Schmitt	Ruth Reynolds	Sandra Wilcoxon
Hal Casey	Geraldine Halland	Kathy Majka	Isadore Richman	David Wood
				James Zubulake

If you wish to join the Society of Dear Ones, simply notify us of your intention to include Recovery International in your estate plans. You do not need to tell us the amount of the planned gift—every contribution is precious to us. For assistance with language to include in your will, contact Sandra Wilcoxon at 312-962-5991.

# 2019 Financial Year in Review

In 2019 Recovery International benefitted from new support from major donors, special grants and very generous bequests. These funds supported current programs and initiatives that will enable Recovery International to reach new audiences and serve the next generation.

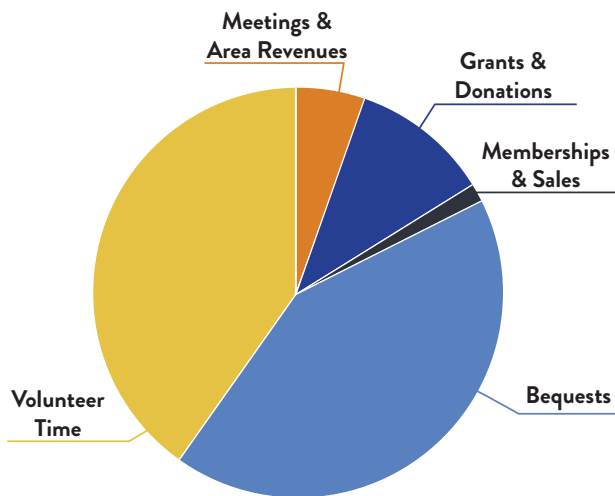
Hal Casey, Treasurer

## Balance Sheet (Pre-audit numbers)

Current Liabilities	\$33,066
Equity	\$1,733,356
<b>Total Liabilities &amp; Equity</b>	<b>\$1,766,422</b>

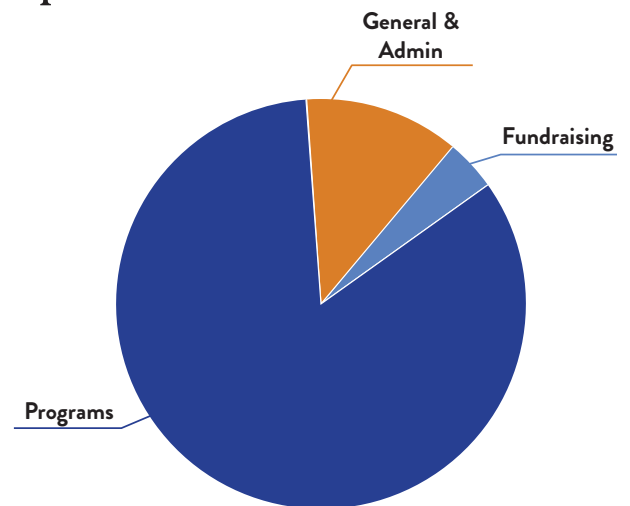
Current Assets	\$1,747,903
Fixed Assets	\$18,519
<b>Total Assets</b>	<b>\$1,766,422</b>

## Revenues



Meetings & Area Revenues	\$157,410
Grants & Donations	\$311,396
Memberships & Sales	\$37,705
Bequests	\$1,223,737
Volunteer Time	\$1,163,466
<b>Total</b>	<b>\$2,893,714</b>

## Expenses



Programs	\$1,596,404
General & Admin	\$236,625
Fundraising	\$76,208
<b>Total</b>	<b>\$1,909,237</b>

Surplus from bequests will rebuild cash reserves & endowment

# 2019 Year in Review

How many lives did we touch in 2019? Attendance at meetings totaled 82,337 last year! This includes 7,162 telephone, online and community meetings serving participants from 42 states and several foreign countries.

Our mission is to help people live more peaceful and productive lives, using the tools developed by Dr. Abraham Low. More than 480 Area Leaders, Group Leaders and Assistant Leaders make this possible by volunteering their time to run meetings, distribute literature, and promote RI at information fairs.



Lisa Garcia, San Diego Program Manager, receives the Recovery International Live Well San Diego proclamation from Alfredo Aguirre, Director of San Diego Department of Mental Health.



Board President Joanne Lampey addresses the Rochester Retired Executives Club.



Sandra Wilcoxon, CEO, with Judith Bassette, group leader with Area 135 - Western New York during her visit to Chicago.



Lynette Bryant (left) Area Leader, with other group leaders from Area 35 - Central Florida.



Sacramento Area 19 celebrates Rick Varline, long-time Team Group Leader.





Bruce Sachnoff receives the Crystal Award from Board President Joanne Lampey, honoring his long-time support of and service.



San Diego Area 25 leaders Lisa Garcia, Kim Monari, and Judi Bakke at Community Alliance for Healthy Minds (CAHM) resource fair.

Send your group's photos to [info@recoveryinternational.org](mailto:info@recoveryinternational.org)

## Thank You to our Donors and Partners!

We rely on meeting contributions, memberships, gifts and grants to operate. This support is vital to continuing our programs, and to ensuring that no one is turned away due to inability to pay. We especially wish to recognize our major donors of \$250 and above:

### Donor Honor Roll

#### Platinum Patrons

Phyllis Berning  
Ann Dunbar  
B.P. Lester & Regina John Foundation  
Estate of Stephen Millard  
Janice Ritland  
Bruce & Treasure Sachnoff  
Charitable Family Foundation  
Estate of Harold VanDeest  
Estate of Beverly J. Zweig  
SHARE!  
Anonymous

#### Gold Patrons

Michael Agin  
Judith Bassette  
Thomas & Katherine Burt  
Jim Cahill  
Gerald Chamales  
Gary Collier  
Philip & Bonnie Gorelick  
Julia Kelly  
Dale Lombardo  
Patrick McCormick  
Betty Moore  
Ronald Mouw  
Charles & Ann Parker  
Rudolph Pruden  
Hector Solivan  
Rebecca Wightman  
Mark Zausmer  
Anonymous

#### Silver Patrons

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Caroline Callery  
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Joanne Lampey  
Gene LeFort

#### Meta Moder

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Christy Ray  
Ruth Reynolds  
John Rice  
Joan Rice  
Johanna Steinman  
Daniel Thielen  
Richard Urey  
Alan & Ann Vollmann  
Suzanne Walder  
Frederic Weller  
Sandra Wilcoxon  
David Wood  
Anonymous

#### Bronze Patrons

Stephen Allen  
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Jane Bardolf  
Michelle Barker  
Jeanette Bennett  
Keene Benson  
Harold Boehm  
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Lorie Call  
Helen Carniglia  
Frances Check  
Paul Chevalier  
Margot Conard  
Jim Crawford  
Ian Cullen  
Michael Ellman  
Nanci Evans  
Lorraine Fassett  
Paul Geiger  
Marjorie Geisler  
Howard & Amy Gold  
Rachael Green  
Tom Gunderson  
Judy Haglin  
Janice Hannemann  
Thelma Himbaugh  
Anna Hower  
Heather Jackson  
Celinda Jungheim

#### Esther Kane

Tammy Kretsedemas  
Howard Levine  
Becky Logan  
Harriett Lyle  
Roger Mattioli  
Paul Medus  
Audrey Messing  
Janice Paradise  
Noelle Poss  
Kathleen Quinlan  
Natalie Reese  
Jane Roush  
Wendy Schaal  
Ellenjane Scheiner  
Marilyn Low Schmitt  
Jack & Linda Shepard  
Mary Sommerfeld  
Gregory Stark  
Nancy Steeves  
Richard Sweeney  
Lynn Verger  
Dana Wright Charitable Fund  
Anonymous

Our list may be incomplete. We sometimes receive gifts with no name or partial designation. Please accept our apologies if we have inadvertently omitted a name and contact us so that we may correct our records.