



Recovery International Independent Studies of the Method

1960 – “*The Self-Help Organization in the Mental Health Field: Recovery, Inc., a Case Study,*” **Journal of Mental Disorder.**

1971 - “*Self-Help through Recovery, Inc.*” **Current Psychiatric Therapies.**

1980 - “*Self-Help Groups: The Members’ Perspectives*” **American Journal of Community Psychology.**

1988 - “*Zealous Self-Help Groups as Adjuncts to Psychiatric Treatment: A Study of Recovery, Inc.*” **American Journal of Psychiatry.**

1995 - “*Professional Underutilization of Recovery, Inc.*” **Psychiatric Rehabilitation Journal.**

1996 - “*Recovery Inc. as an Adjunct Treatment in an Era of Managed Care,*” **Psychiatric Services.**

2000 – American Psychiatric Association recognizes Recovery’s contributions to the field with the **Arnold L. van Amerigen Award in Psychiatric Rehabilitation.**

2011 – **Department of Psychiatry of University of Illinois at Chicago** -- A 72-page evaluation of Recovery International Group Meetings showing that the *RI method decreased the severity of mental health symptoms and increased mental health recovery.* (Executive Summaries and full copies of reports are available upon request.)